



# YOUTH INFO CARD

## North Brisbane 2023

2nd edition

Artwork by Young People from Visible Ink



### EMERGENCY!

Police, Ambulance and Fire (24hrs)	000
Poisons Information Centre (24hrs)	13 11 26
CYMHS - Acute Response Team (24hrs, 7 days)	3068 2555

### NEED TO TALK NOW?

Kids Helpline (5-25yrs, 24hrs)	1800 55 1800
Suicide call back line (24hrs)	1300 659 467
Q life (3pm-midnight)	1800 184 527
Child Safety After Hours (24hrs)	1800 177 135
Lifeline (24hrs)	13 11 14
13 Health (24hrs)	13 43 25 84
DV Connect:	
Womensline (24hrs)	1800 811 811
Mensline (9am-12am)	1800 600 636
1800 Respect (24hrs)	1800 737 732
E headspace (7 days 9am-1am)	1800 650 890

### SEXUAL VIOLENCE SUPPORT SERVICES

Sexual Assault Hotline (7 days 9am-12am)	1800 010 120
Brisbane Sexual Assault Service (24hrs)	3646 5207
Zig Zag (Female, Non-Binary & Trans 12-25)	3843 1823
BRISSC (15+, 9-12noon)	3391 0004

### DOMESTIC & FAMILY VIOLENCE

BDVS Brisbane Domestic Violence Service (Female, Non-Binary & Male)	3217 2544
---	-----------

### LEGAL ISSUES? NEED ADVICE?

Youth Advocacy Centre (under 18)	3356 1002
Legal Aid Qld (Youth Legal Advice Hotline)	1800 527 527
Women's legal service	1800 957 957
LGBTI legal service	3124 7160
Sisters Inside	1800 003 242
Youth & Family Support Service (9am-9pm)	3097 1305

### LEARNING TO DRIVE

Drive for Life YOS Stafford 16-25	0418 245 654
PCYC - Breaking the Cycle	
Arana Hill	3855 1980
Fortitude Valley/Lang Park	3369 2647
Sandgate	3269 5358
Zillmere	3633 0244

### IS HOME, SCHOOL OR LIFE STRESSFUL?

Safe & Connected Futures (BYS) (Fortitude Valley)	3620 2400
Community Connections (Nundah)	3266 5199
Jabiru Community Services (Bracken Ridge)	0438 542 840
Picabeen Youth Support (Mitchelton)	3354 2555
Zillmere Young People Support Service	0448 584 833

### NO MONEY FOR FOOD OR BILLS?

National Debt Helpline	1800 007 007
St Vinnies	1800 846 643
Aspley Care	3862 7145
Nexus Care (Everton Park & Sandgate)	3353 7230
Communiy Pantry	3198 4410
Food Vans and Kitchens	vaks.org.au
Red Cross Night Café (Tue & Thur 6.30-8.30pm)	64 Adelaide Street, Brisbane City QLD 4000

### NEED MONEY OR WORK?

Centrelink - Youth Allowance	13 24 90
Workforce Australia	1800 805 260
Fair Work (info about pay, rights, etc)	fairwork.gov.au
Picabeen - No Interest Loans Scheme (17+)	3354 2555

### WANT TO KEEP LEARNING?

Albert Park Flexible Learning Centre (16+)	3071 9010
Arethusa College (Yr 7+)	1300 720 371
BUSYSchools Brisbane City Campus (Yr 11 & 12)	1300 176 472
Jabiru Community College (15+)	office@jcc.qld.edu.au
QLD Pathways College (16+)	0476 840 898
TAFE Qld	1300 308 233

### RENT TROUBLES?

Rental Tenancy Authority	1300 366 311
QSTARS	1300 744 263
Sustaining Young Tenancies & Transitions (BYS)	3620 2400

### PLACES TO STAY

Homeless Hotline (16 yrs+, 24hrs)	1800 474 753
Qld Youth Housing Coalition	qyhc.org.au
Brisbane Youth Service (16-25)	3620 2400
New Hope House (Kelvin Grove) (males 16-25 yrs)	3356 6824
Carinity Youth Orana Blad Hills (16-21)	3261 3969
Chameleon Housing, Redcliffe (16-25)	3284 4805
The Lodge Youth Support Service, Northgate (16-25)	3266 2155
Youth Care Pine Rivers (16-19)	3881 2823
North West Youth Accommodation (Mitchelton) (16-25yrs)	3855 5233
Youth Housing Project, Albion (16-21)	3256 0241

### SEXUAL HEALTH

True Relationships & Reproductive Health (Windsor)	3250 0200
Brisbane Youth Service	3620 2400
Stonewall	3857 1222
Biala	3837 5611
EmbraceU	embraceu.shq.org.au

### PREGNANT? NOT SURE? PARENTING?

Children by Choice	1800 177 725
Young Parent's Program	3357 9944
Young Women for Young Families	3394 9100
Centre for Young Families	3620 2400

### LGBTQIAP+

Open Doors (12-24)	3257 7660
QC (18+)	3017 1777

### CALLS TO AUSTRALIAN MOBILES & LANDLINES ARE FREE FROM TELSTRA PUBLIC PHONES

### MENTAL HEALTH SUPPORT

Head to Health	1800 595 212
1300 MHCALL	1300 642 255
CYMHS (Child & Youth Mental Health Service)	
Keperra	3335 8888
Nundah	3146 2693
headspace Nundah	3370 3900
ReachOut	au.reachout.com
Beyondblue	beyondblue.org.au
Butterfly Foundation	1800 33 4673

### USING TOO MUCH?

Alcohol & Drug Information Service	1800 177 833
Hot House	3837 5633
Clarence Street	3163 8400
BYS Needle Exchange	3620 2400
Biala/Needle Exchange	3837 5600
Quitline	13 78 48
Alcohol and Drug foundation	adf.org.au
Qld Injectors Health Network (QuIHN) (18yrs+)	3620 8111

### ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITIES

13YARN 24/7	13 92 76
Moblink (IUIH)	1800 254 354
Aboriginal & Torres Strait Legal Centre	3025 3888
Aboriginal & Torres Strait Islander Community Health Service (ATSICHS) Northgate	3240 8900
Kurbingui Youth Development	3156 4800
The Boss Boxing	thebossboxingtbb@gmail.com
2Spirits	3017 1777

### MIGRANT & REFUGEE COMMUNITIES

Translating and Interpreting Service (TIS) National	131 450
QPASTT (Qld Program of Assistance to Survivors of Torture & Trauma)	3391 6677
Multicultural Australia	3337 5400
Immigrant Women's Support Service	3846 3490

### BORED? GET OUT THERE!

Visible Ink	3403 0136
The Edge	slq.qld.gov.au/plan-my-visit/spaces-visit/edge
Brisbane City Council Info Line - Chill Out, Park & Library activities	3403 8888
PCYC	www.pcy.org.au
St Vinnies	qld.vinnies.org.au

services with webchat

### JUST REMEMBER

If you are still at school, you can talk to the guidance officer, school counsellor, school nurse and other supports too.

Produced by members of Brisbane North Youth Alliance.



Proudly supported by Brisbane City Council

### ANY QUESTIONS?

Ask Izzy: <https://askizzy.org.au>